



# Ruislip High School



**Year 10 Making the Grade  
Citizenship  
February 2025**

# Examination Procedures

## **BEFORE ENTERING THE REGISTRATION HALL**

All equipment and resources the candidate could need in the examination will be provided by the school and placed on each examination desk. Therefore, the candidate is not required to bring anything other than a clear bottle of water (without a label) into the examination hall. Candidates must not wear any items that may trigger the metal detectors. This includes earrings, belts and any other metallic items/objects.

Watches and earphones (of any kind), mobile phones and any other electronic devices capable of storing digital information and/or connecting to information sources online are strictly prohibited. All candidates will pass through a metal detector to ensure objects of this nature are not brought into the examination hall. Possession of such a device will result in the candidate being formally reported for suspected malpractice to the relevant awarding body and may result in the candidate receiving penalties including disqualification.

## **DURING THE EXAMINATION**

Candidates must not partake in any behaviours that could be construed as direct or indirect communication with another candidate/s. If a candidate requires assistance, they are to raise their arm and await for the invigilator to approach.

If a candidate needs to leave the examination hall for any reason, they will be supervised at all times by an invigilator and a member of the senior leadership team will be in contact with home. All instances of this nature will be logged by the invigilator and may be reported to the awarding body.

A candidate will be removed from the examination if the behaviour of the candidate in question would disrupt others by remaining in the room. In the event of an examination removal, the candidate will complete the examination in isolation and their behaviour may be reported to the examining body.

## **IN THE EVENT OF AN EMERGENCY EVACUATION**

Candidates follow the instructions of all staff members. All candidates remain in examination conditions for the duration of the evacuation. If the emergency passes, the candidates will return to the examination hall and continue their exam with the end time amended. The school will inform the awarding body of the incident. If the school requires the examination to be ended so that all students can be safeguarded, the examinations office will liaise with the awarding body and will inform parents/guardians of arrangements.

## **AT THE END OF THE EXAMINATION**

All candidates remain under examination conditions until they have passed through the threshold of the examination hall. Failure to do so will result in the candidate being formally reported for suspected malpractice to the relevant awarding body and may result in the candidate receiving penalties including disqualification.



AQA	City & Guilds	CCEA	OCR	Pearson	WJEC
-----	---------------	------	-----	---------	------

## Warning to Candidates

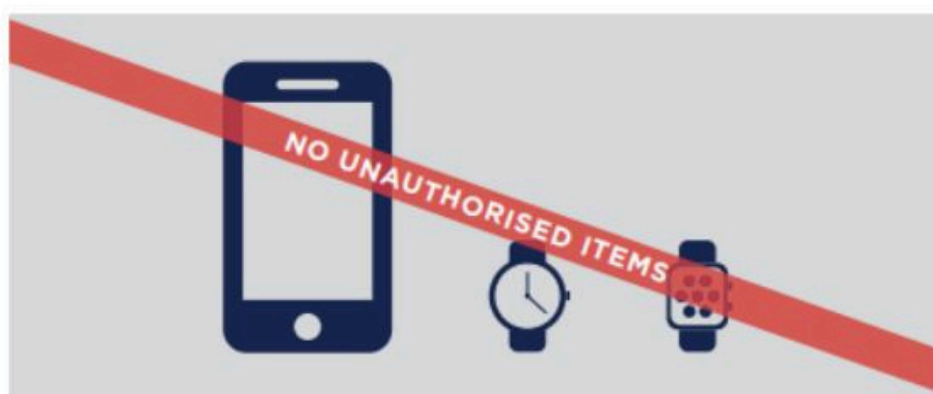
1. You **must** be on time for all your examinations.
2. **Possession of a mobile phone** or other unauthorised material **is not allowed** even if you do not intend to use it. You will be subject to penalty and possible disqualification from the exam/qualification.
3. You **must not** talk to, attempt to communicate with or disturb other candidates once you have entered the examination room.
4. You **must** follow the instructions of the invigilator.
5. You **must not** sit an examination in the name of another candidate.
6. You **must not** become involved in any unfair or dishonest practice in any part of the examination.
7. If you are confused about anything, only speak to an invigilator.

The *Warning to Candidates* must be displayed in a prominent place outside each examination room. This may be a hard copy A3 paper version or an image of the poster projected onto a wall or screen for all candidates to see.

**More information regarding written examinations can be found [here](#).**

## NO MOBILE PHONES NO WATCHES

NO POTENTIAL TECHNOLOGICAL/WEB  
ENABLED SOURCES OF INFORMATION



Possession of unauthorised items, such as a mobile phone  
or any watch, is a serious offence and could result in

# DISQUALIFICATION

from your examination and your overall qualification.

# RUISLIP REVISE TOP 5

The most effective ways to revise

## RETRIEVAL PRACTICE: QUIZ AND TEST



Rather than re-reading or highlighting class notes, **actively retrieve** the information from your memory, eg. reorganise key ideas in a diagram or mind-map; write down key information with gaps missing to fill in; create a quiz or flashcards for self-testing. **Aim:** effortful retrieval

## SPACED PRACTICE: REVIEW OVER TIME



**Leave time** before revising: review information a few days or even weeks after you have learned it in class so your brain has to work harder to retrieve it. Some forgetting makes the information stick more. Move between different topics, **making links** between them and **transferring** information, skills and ideas between topics.

## ELABORATION: EXPLAIN & DESCRIBE



Ask yourself **questions** while you study about how things work and why. Ensure you are able to **explain ideas and concepts** to others or in writing, or out loud to yourself in detail. **Link ideas to concrete examples** and explain them to others. Work in pairs to revise, combining ideas and writing joint answers to questions.

## DUAL CODING: DOUBLE YOUR BANDWIDTH



Pairing **words with visuals** (dual coding) helps to double our processing ability by maximising working memory. Translating tricky content into different modes: **spoken/written alongside a visual**, also functions as a cue for our memory. Using pictures alongside words is proven to help information stick. Link images to key revision facts to aid retrieval. But keep it simple.

## DELIBERATE PRACTICE



Once you have secured your core knowledge, and are confident in the methods you need to apply to each subject, the best thing to do is to put it into practice. Practise past questions or exam papers and get feedback from your teacher on how to improve. Papers are available from exam websites, google classroom or your teacher.

## **What can parents/guardians do to support?**

You don't need to be an expert in every subject to help your child. You are an expert in your child and every child is different. You will know the best ways to motivate and support your child.

Some suggestions:

- Agree a balance between revision and social life with your child. Flexibility is key but your child may need support in creating boundaries.
- Talk to your child if they feel that they are falling behind, are feeling demotivated or overwhelmed. Acknowledge their feelings and work together to achieve perspective and a solution.
- Show an interest in their studies. They may need you to act as a study buddy to quiz on key terms or facts.
- Find a suitable place for your child to revise.
- Provide lots of healthy food and snacks to keep your child motivated.
- Limit screen time and use of social media to keep your child focused.
- Provide revision material, eg. pens, post-its, revision cards, etc.
- Keep in touch with school. Check your child's Google Classroom. Let your child's tutor or class teacher know if you have any concerns.

## **Student Wellbeing – Coping with Exams**

It is natural to feel some stress around GCSEs; they are important. Stress can be beneficial as adrenaline can enhance exam performance. However, stress needs to be managed to make sure you do not become overwhelmed.

- Make sure you are organised. Plan your revision timetable and make sure you know which exams you are doing and when. Organise your revision space and revision materials including stationery and past papers etc.
- Eat well. Provide nutrition for your brain by eating healthy meals and limiting junk food and fizzy drinks. Make sure you eat a filling and nutritious breakfast before every exam.
- Drink plenty of water to keep your brain hydrated and thinking clearly. Aim to drink more than two litres of water per day.
- Sleep well. Teenagers need around nine hours' sleep every night so work out what time you are going to get up and work backwards from there to decide what time you need to be in bed and preparing for sleep. Turn off electronic devices around an hour before you need to be asleep so that your brain can wind down.
- Take exercise. If you already play sport or undertake exercise, don't stop. If you don't, try going for a walk for 30 minutes per day. This will give you a break from your studies and make you feel less stressed and more focused.
- Avoid distractions. Turn off your phone and limit how often you check social media.
- Talk to someone. If you become overwhelmed or concerned, talk to your family, friends or teachers to help you with your concerns.

### **Useful websites:**

[www.stressedteens.com](http://www.stressedteens.com)

[www.nhs.uk](http://www.nhs.uk)

# GCSE Citizenship

**Details of exams:** This course is 100% exam, made up of two papers.

**Paper 1 assesses** – Active citizenship, politics and participation

**Paper 2 assesses** – Life in modern Britain, rights and responsibilities

**Exam board: AQA**

<https://www.aqa.org.uk/subjects/citizenship-studies/gcse/citizenship-studies-8100/specification>

Paper 1: 8th May PM Section A: Active citizenship Section B: Politics and participation	Paper 2: 15th May PM Section A: Life in modern Britain Section B: Rights and responsibilities
<p>Written exam: 1 hour 45 minutes 80 marks 50% of GCSE</p> <p><u>Questions</u> Section A: Active citizenship questions: questions on the citizenship action of others and questions on the students taking citizenship action investigation (40 marks) Section B: Politics and participation question (40 marks)</p>	<p>Written exam: 1 hour 45 minutes 80 marks 50% of GCSE</p> <p><u>Questions</u> Section A: Life in modern Britain questions (40 marks) Section B: Rights and responsibilities questions (40 marks)</p>
<p>Question types across both papers: Multiple-choice, short answer, source-based questions, extended answer</p> <p><u>Subject content</u></p> <ol style="list-style-type: none"> <li>Citizenship skills, processes and methods - <a href="https://www.aqa.org.uk/subjects/citizenship-studies/gcse/citizenship-studies-8100/specification/subject-content/citizenship-skills-processes-and-methods">https://www.aqa.org.uk/subjects/citizenship-studies/gcse/citizenship-studies-8100/specification/subject-content/citizenship-skills-processes-and-methods</a></li> <li>Life in modern Britain - <a href="https://www.aqa.org.uk/subjects/citizenship-studies/gcse/citizenship-studies-8100/specification/subject-content/life-in-modern-britain">https://www.aqa.org.uk/subjects/citizenship-studies/gcse/citizenship-studies-8100/specification/subject-content/life-in-modern-britain</a></li> <li>Rights and responsibilities - <a href="https://www.aqa.org.uk/subjects/citizenship-studies/gcse/citizenship-studies-8100/specification/subject-content/rights-and-responsibilities">https://www.aqa.org.uk/subjects/citizenship-studies/gcse/citizenship-studies-8100/specification/subject-content/rights-and-responsibilities</a></li> <li>Politics and participation - <a href="https://www.aqa.org.uk/subjects/citizenship-studies/gcse/citizenship-studies-8100/specification/subject-content/politics-and-participation">https://www.aqa.org.uk/subjects/citizenship-studies/gcse/citizenship-studies-8100/specification/subject-content/politics-and-participation</a></li> <li>Active citizenship - <a href="https://www.aqa.org.uk/subjects/citizenship-studies/gcse/citizenship-studies-8100/specification/subject-content/active-citizenship">https://www.aqa.org.uk/subjects/citizenship-studies/gcse/citizenship-studies-8100/specification/subject-content/active-citizenship</a></li> </ol>	

Students need to revise all keyword definitions, practise exam-style questions and do wider reading about what is happening in the news to be successful in exams.

### **Revision material**

Information given to students needs to be used when revising. This includes:

- 1.Keyword booklets
- 2.Notes made in books
- 3.Revision guides with workbooks
- 4.Example papers – all on Google classroom
- 5.Topic papers including past paper questions; very effective when revising the different topics.
- 6.Powerpoint presentations on every topic in each theme.
- 7.Watch BBC news
- 8.Make flashcards on each exam paper and sub topics
- 9.Use mind maps to look at the range of health factors
- 10.Revise key terminology
- 11.Self quiz: Read, cover, write, check, fill in the gaps, use flashcards or apps like Quizlet
- 12.Use the Memory Clock method to plan your revision\_- [here](#)
- 13.Mr Elsby videos on Google Classroom
- 14.Citizenship revision material  
<https://www.hachettelearning.com/citizenship-and-pshe/aqa-gcse-9-1-citizenship-workbook>