

12th February 2025

Dear Parents/Guardians

Re: Supporting your child ahead of their GCSE examinations

As we are rapidly approaching the summer public examinations, it is a good time to highlight the support we are putting in place for our pupils, and for you as their support network at home.

During tutor time on Thursday we have launched '*Thinking Ahead Thursday*'. This is a time where pupils will be given a weekly revision template where students can plan their following week's revision. To support them with this, we have explained our recommended revision techniques, which can be found [here](#). This helps pupils to plan out their revision using an easy to follow approach of the active revision cycle, and incorporating the 'Pomodoro 25 minute' technique. Pupils can tailor this system to their needs as they progress by adding more sessions, or even jumping to different parts of the cycle. This technique is backed by scientific research to maximise the time in the weeks to come.

Departments will also be running a variety of intervention sessions in school between now and the examination series. We strongly encourage students to take advantage of these sessions to maximise success in their summer examination series.

We want to do as much as we can to support our students, but also their parents and guardians in these crucial next few months. '[From The Sidelines](#)' is an organisation which aims to inform parents and guardians of how best to support their children during the lead up to and throughout their exams. They provide practical advice on how to create a good study environment at home, revision strategies and advice in the lead up to the summer exams. This is not about subject knowledge, but instead it is about the conditions in which your child studies away from the classroom and a series of practical tips and strategies that you can use at home.

Each area of focus has a short 'study hack' video that lasts approximately 1 minute. At Ruislip High School and with the permission of 'From the Sidelines' we have packaged their 26 one-minute explainer videos and resources into 3 different areas; please click on the links to access these:

- Preparing your child for revision: [1. Preparing for revision](#)
- Supporting the revision process at home: [2. Supporting the revision at home](#)
- Advice leading up to the exam: [3. Advice leading up to the exam](#)

We hope you find these resources helpful and we are sure that with the continued support you are providing at home, will give the students the best possible chance of success.



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Yours sincerely

A handwritten signature in black ink, appearing to be "C Rutter", written in a cursive style.

Mr C Rutter
Assistant Head of Year 11



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