Ruislip High School

YEAR 7

Cultural Studies

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
What students are learning	Friendship	Identity and Diversity Festivals of light	What makes a good leader?	How was the world created? Where does evil and suffering come from?	Decision-making and our own values and morals Lifestyles - now and in the future	Puberty
Key Content and Skills	 What do we value in a good friend? How to be a good friend Avoiding toxic friendships Banter and bullying What can religions teach us about friendships and how to treat 	 What is identity and why is it important? British Values What is my identity? What makes me who I am? How are families similar and different? What might influence 	dictatorship Democracy and Dictatorship: Rights and Responsibilities	Hinduism)	and wrong decisions on ourselves and others How can we shop ethically?	 The impact of puberty physically and emotionally How to manage the changes that students may be going through, and where to seek help How to regulate emotions, changes in body

people? (Good Samaritan) What can religions teach us about friendships and how to treat people? (Bilal)	decisions made in a family? Religious Discrimination - what is it? How does society and religion teach us not to discriminate? Racism and Xenophobia - what is it? How does society and religion teach us to treat everyone equally? Radicalisation - what is it, and how can it be prevented? Hinduism & Diwali Judaism & Hanukkah Islam & Eid Christianity & Christmas	design argument Religious and non-religious views on evil and suffering Theories of punishment what is the purpose of punishment? Youth Crime in the UK Christian views on Crime and Punishment Islamic views on Crime and Punishment what is it, religious and non-religious views Religion, crime and punishment including: Heaven and Hell. and reincarnation decisions Wants and making decisions Wants and meds Wants and ways to develop self confidence Know about diversity in sexual orientations How can I keep healthy? How can I keep my mind healthy? Resilience
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Assessment	Assessment will contain a combination of essay and multiple choice questions, focusing on key religious teachings learnt in lessons.	Assessment will contain a combination of essay and one mark questions, focusing on identity, families and discrimination.	Assessment will contain a combination of essay and one-mark questions, focusing on different styles of leadership used around the world.	Exam will contain a combination of essay and one-mark questions, focusing on topics studied in Cultural Studies so far, including British Values, voting in the UK, discrimination and religious festivals.	Assessment will contain a combination of essay and one-mark questions, focusing on creation theories and why there is suffering in the world.	Review of the topic: will contain a combination of word-fill and labelling questions to check students' understanding of puberty.				
How can students prepare beyond the classroom?	Students should: Consider what the from, a friendship Watch the news to much politics affecommunity and the Research Festivals celebrations by the their choice	o consider how cts their ne country of Light			Students should: Discuss the topics family exploring dexperiences	with friends and ifferent opinions and				
	Tutorial * Subject to change to respond to current events									
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 1				
What students are learning	Team building and diversity	Respecting others/bullying	Being healthy and online safety	Aspirations and self worth	Independence, respect and religion	Personal safety				

Key Content and Skills	Students will focus on: Getting to know their form How to develop new friendships How to communicate well with others Tutorials linked with Black History Month	Students will focus on: Different types of bullying What to do if they or someone else if being bullied How to spot and avoid a toxic friendship How to avoid negative effects of peer pressure Understand that not all families are the same	Students will focus on: How do students make decisions What is a healthy lifestyle What could a student do to maintain a healthy lifestyle both now and in the future? Tutorials linked with online safety week Tutorials linked with LGBT History Month	Students will focus on: Know the skills and attributes that employers value Describe different ways people achieve professional success and why success is important Understand why employability skills are important Be able to set goals to build skills and attributes that will lead to professional success	Students will focus on: Students gaining more independence and responsibility How students can build resilience and how this will benefit them now and in the future What is self esteem and to feel confident in different situations Different religions and beliefs in the UK How having a belief or no belief may affect decisions a person makes Tutorials linked	Students will focus on: How to keep themselves in different situations they might find themselves in both now and in the future How to administer basic first aid in Bleeding Choking If a person is unconscious		
					Tutorials linked with mental health week			
	Personal development calendar events and Above & Beyond							
	Black History	Anti Bullying	Online safety day	Equality Week	Mental Health			

	Month Safeguarding Week Autumn Term A&B programme	Week	LGBT History Month Spring Term A&B Programme	Languages week	awareness week Summer Term A&B Programme	
			Careers Focus			
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 1
What students are learning and where			lessons as part of science week covering careers in forensics (fingerprinting, DNA fingerprinting, chromatography and complete an	Students will explore their own aspirations, start to understand what skills they have and how those may be desired by future employers. (tutorial programme)	 Know a range of possible career paths and employment options Know the roles and responsibilities involved in a range of careers List different careers in a variety of sectors Understand the 	Science - students consider six jobs which need knowledge of acids, alkalis and neutralisation, for example farmers. Students take part in Careers Day, which includes opportunities for external providers to lead workshops/activities about a range of career pathways. (Activities Week)

			and why different careers are required within our society • Analyse the pros and cons of different sectors and reflect on whether they would like to pursue a career in any of the sectors researched (Cultural Studies lessons)	
			on understanding the value of leadership, teamwork and resilience, and how both can lead to academic, professional and social success (tutorial	
Link to Gatsby		1, 2, 4, 5	programme) 1, 2, 4	5, 7

Benchmarks						
			Year 8			
			Cultural Studies			
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
What students are learning	Healthy lifestyles	World religions	Promoting equality and diversity	Healthy relationships	Peace and conflict	Life skills
Key Content and Skills	 What is a healthy lifestyle? Impact of caffeine Laws, impact and cost of smoking and vaping Different types of drugs, law relating to buying and distributing different classes of drugs, and the impact they 	 Timeline of religions and key elements Christianity Belief in God and the Holy Trinity Importance of the Bible, the parables and the potential impact of a Christian Rites of passage Christianity today 	 My identity Importance of equality and equity Equality Act 2010 and hate crime Religious teachings on equality The impact on stereotyping and discrimination Where to turn for help and why seeking 	 Key features of healthy and unhealthy relationships, both online and in person Sexual orientation and gender identity The law relating to consent and the sharing of images online and via messaging services. How to be 	 Britain's role in conflict currently in the world World organisations that promote peace Can there ever be a just war? The role of religion in war The role of religion in peace Do you think religious people 	 Where will I be in ten years? Online careers support - Unifrog Cost of living, how to make informed financial decisions, and managing money Identifying online scams, gaming and gambling and how to seek

can have on a person in both the short and long term The impact of social media on a person's life and decision making, including online safety and the law Mental health Religious views on living a healthy life	The life of the Prophet Muhammad and the potential impact of a Muslim build relationships? build everyone taking responsibility to stop bullying and sexual harassment • Should we always forgive?
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		the idea of moksha Hinduism today Sikhism Belief in one universal God and the description of God in the Mool Mantra The importance of the Guru Granth Sahib, the 10 Gurus and their significance Key values, symbolism and principles Sikhism today and teaching of equality				
Assessment	Assessment will contain a combination of essay and one-mark questions, focusing on the impact of social media,	Assessment will contain a combination of essay and one-mark questions, focusing on	Assessment will contain a combination of essay and one-mark questions, focusing on prejudice and	Exam will contain a combination of essay and one-mark questions, focusing on topics covered so far this year,	Assessment will contain a combination of essay and one-mark questions, focusing on why war occurs,	Review will contain a combination of short answer questions, focusing on how decisions made now may impact a person's

	smoking and drugs on a person.	students' knowledge of two religions studied.	discrimination, examples, Equality Act 2010 and the impact on society.	including how religious belief may guide a follower when making decisions, physical and mental health and elements that impact these.	its impact on people and if forgiveness is possible.	future, including online gaming, gambling and addiction.
How can students prepare beyond the classroom?	in God and why. D religion? How might having an atheist have an day-to-day life of a decisions that son	a religion or being impact on the an individual, or neone makes? ple turn to or awaying their lives?	stereotyping and on them. • Which is more im equity? Is it possil	tories that show the ty and/or equity.	the role that Brita world Discuss different of family and friends	or more of the religion/ war/ peace/ in plays around the
		* Subject to o	Tutorial Focus change to respond to c	urrent events		
What students are learning	Making healthy choices and peer pressure	Mental Health	Identity and Diversity, and online safety	Helping others including charity and first aid	Aspirations and life choices	Religion and personal beliefs
Key Content and Skills	Students will focus on how to: Understand the relationship between	Students will focus on: Different elements	Students will focus on: The similarities and	Students will focus on: First aid techniques	Students will focus on: List different careers	Students will focus on: Different religions

risk behaviours, self	of mental health,	differences between	that students could	in a variety of	and beliefs in the UK
value and peer	· · · · · · · · · · · · · · · · · · ·	stereotypes,	use in an emergency	·	
pressure, and the	either students or	discrimination and	,		How having a belief
circumstances	others may be	prejudice.	How to ensure that a	Describe the roles	or no belief may
when certain risk	affected by		person who requires	and responsibilities	affect decisions a
behaviours may	different mental	The Equality Act	first aid remains safe	involved in a range	person makes
become unsafe	health conditions.	2010, and what is	until someone else	of careers	
		protected.	gets to them.		What is moral
Explain how peer	Strategies for			Understand the	character
pressure influences	students to enable	Chinese New Year	How do charities	importance of	
smoking, drinking	them to help		work, and how can	exploring a range of	Understand how
and drug taking	others or	Tutorials linked with	students raise	careers and why	strong moral
	themselves, or	online safety week	awareness of topics	different careers are	character can lead to
Explain why and	where to turn to or		or charities that they	required within our	positive social,
when smoking,	support.	Tutorials linked with	care about	society	emotional and civic
drinking alcohol and		LGBT History Month			change
drugs may become	The topics will		Tutorials linked with	Tutorials linked with	
unsafe, be able to	focus on sleep,		LGBT History Month	Mental Health	
I I	depression, anxiety			awareness week	
about why others	and controlling				
may participate in	emotions				
risk and make					
informed and safe					
decisions when					
undertaking risk					
behaviours					
Tutorials linked with					
Black History Month					

Personal development calendar events including Above & Beyond

	Black History Month Safeguarding Week Autumn Term A&B programme	Anti Bullying Week	Online safety day LGBT History Month Spring Term A&B Programme Careers Focus	Equality Week Languages week	Mental Health awareness week Summer Term A&B Programme	
What students are learning and where			Students will learn about careers in engineering through participating in a 'Building Bridges' task (STEAM Week)		Through the tutorial programme students will focus on: Knowing a range of possible career paths and employment options and the roles and responsibilities involved in a range of careers Listing different careers in a variety of sectors Understanding the importance of exploring a range of careers and why different careers are	students will focus on:

			required within our society	As part of activities week students will take part in Careers Day, which includes opportunities for providers to lead workshops/activities showcasing a range of career pathways
Link to Gatsby Benchmarks		4	1, 2, 4	1, 2, 3, 4, 5, 7
		Year 9		
		Cultural Studies		
	Autumn	Spring	Summer	
What students are learning	Peer Pressure	Promoting equality and diversity	Healthy relationship	os
Key Content and Skills	 What is peer pressure? How to react to friends who might be pressuring a student to act a certain way Impact of alcohol Laws, impact and cost of smoking and vaping What is grooming? How and why someone might join a gang, and the 	 My identity Importance of equality and equity Equality Act 2010 and hate crime Religious teachings on equality The impact on stereotyping and discrimination Where to turn for help and why seeking help is important if concerned 	relationships, both person Sexual orientatio The law relating sharing of image messaging service	n and gender identity to consent and the s online and via

	potential implicati Different types of to buying and dist classes of drugs, a can have on a persishort and long ter Mental health	drugs; law relating ributing different nd the impact they son in both the			 with those around you Can religions teach us how to build relationships? Different forms of contraception Awareness of different STIs/ STDs How to access help and support 			
Assessment	Assessment will conta of essay and one-mar focusing on the impa on a young person.	k questions,	Assessment will cont essay and one-mark on prejudice and disc examples, Equality Alimpact on society.	questions, focusing crimination,	Assessment will contain a combination of essay and one-mark questions, focusing on students understanding of consent, signs of a healthy relationship, and where to seek help if they are concerned or require help and support			
How can students prepare beyond the classroom?	Students should: Watch/ listen to the everyday example topics being cover. How might having an atheist have an day-to-day life of a decisions that som. Discuss topics that lessons	s that link to the ed a religion or being impact on the an individual, or neone makes?	 Students should: Ask five people their experiences of stereotyping and the effect it has had on them. Which is more important: equality or equity? Is it possible to show both? Find three news stories that show the concept of equality and/or equity. Discuss topics that are raised in the lessons 		link to the topics	news for stories that being covered at are raised in the		
			GCSE Citizenship					
	Autumn 1	Autumn 2	Spring 1 Spring 2		Summer 1	Summer 2		
What students	Life in modern	Life in modern	Rights and	Rights and	Active citizenship	Active citizenship		

are learning	Britain	Britain	responsibilities	responsibilities		
Key Content and Skills	 The principles and values that underpin British society What we mean by identity The role of the media and the free press 	 The UK's role in key international organisations How citizens can make their voice heard and make a difference in society 	fundamental principles of law to ensure rights and freedoms, the presumption of innocence and equality before the law • Citizen's rights and responsibilities within the legal system • Rights and legal entitlements of citizens at differing ages: the age of criminal responsibility and other legal ages when young people	 How the law protects the citizen and deal with criminals The importance of key international agreement and treaties in regard to human rights: the UN Universal Declaration on Human Rights the European Convention on Human Rights the UN Convention on the Rights of the Child the Human Rights Act (1998). The role of 	Deciding the question or issue Students must select a contemporary issue/debate arising from the specification content. It can be local, national or international or a combination of all three strands. Teachers are expected to ensure that the topic/issue/deb ate selected relates to the content of the specification. Following initial research and discussion,	Planning the action As a part of their research, students may develop further sets of questions which link and support their main question/issue. As a result of their research, students should be able to arrive at both results and conclusions which will help them to plan their citizenship action. Taking the action Following their research, students are expected to take

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	responsible for their actions (drive, marry, vote, join the forces)	•	international law in conflict situations: to protect victims of conflict how international humanitarian law helps establish the rules of war.	students construct a question/issue for which they need to undertake further research. Carrying out the initial research • Students research the issue using both primary and secondary sources.	some form of informed action based upon their research. This may take a variety of forms from letter writing, petitioning, using e-media, volunteering or establishing a group to promote a change. Assessing the impact of the action At the conclusion of their work students should reflect upon their approach
					students should reflect upon
					the methods they used and any outcome achieved.

Assessment	Assessment will contain a combination of essay and multiple-choice questions, based on AQA exam structure. Focusing on content covered from Theme 1 - Life in modern Britain.	Assessment will contain a combination of essay and multiple-choice questions, based on AQA exam structure. Focusing on content covered from Theme 1 - Life in modern Britain.	Assessment will contain a combination of essay and multiple-choice questions, based on AQA exam structure. Focusing on content covered from Theme 2 - rights and Responsibilities.	Assessment will contain a combination of essay and multiple-choice questions, based on AQA exam structure. Focusing on content covered from Theme 1 and 2.	Assessment will contain a combination of essay and multiple-choice questions, based on AQA exam structure. Focusing on content covered from Theme 1 and 2.	Assessment will contain a combination of essay and multiple-choice questions, based on AQA exam structure. Focusing on content covered from Theme 3 - Active Citizenship.
How can students prepare beyond the classroom?	Students should: • Keep up to date we happening in the recomples of Britist rights, migration at the use different sour news, considering informing the pubstories - and how?	news, looking for h values, human nd social media. ces for up-to-date : are they all lic about the same	our freedoms and they work.	news. Britain that protect I consider whether makes students who	Students should: Widen their award happening in the political situation https://www.bbc.co. https://www.bbc.co. e/find-out-more-polithttps://www.bbc.co. z3ckjxs https://www.aqa.orghip/gcse/citizenship-content/politics-andhttps://classroom.theubjects-by-year/year	news and the current within the UK uk/news/politics uk/cbbc/findoutmor tics uk/bitesize/subjects/ uk/subjects/citizens studies-8100/subject l-participation

					https://classroom.theubjects-by-year/year	
		* Subject to c	Tutorial Focus thange to respond to c	urrent events		
What students are learning	Respectful relationships	Careers and GCSE choices	Online safety inc gambling and pornography	Religious beliefs	Mental and physical health	Financial decisions
Key Content and Skills	Know the positive impact of changing relationships and how to manage platonic relationships Describe the importance of friendship for teenagers Describe how to demonstrate character in disputes, understand the complexity of	Know a range of possible career paths and employment options and the roles and responsibilities involved in a range of careers List different careers in the STEM sector Describe the roles and responsibilities involved in a	Know the risks associated with gambling State the laws on and surrounding gang crime and pornography Understand the circumstances when certain risk behaviours may become unsafe and the impact of pornography on this. Seek help if risk behaviours	Tutorials linked with LGBT History Month	Know the importance of a healthy diet and exercise in maintaining physical health. Describe how diets can lead to us becoming unhealthy. Understand the challenges of maintaining a balanced diet and regular exercise and the invisible nature of physical	Know how to effectively budget and evaluate savings options • how to prevent and manage debt, including understanding credit rating and payday lending • how data is generated, collected and shared, and the influence of targeted advertising • how thinking

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r	relationship	range of STEM	become unsafe or	health. Critically	errors, e.g.
r	management	based careers	unhealthy	assess how body	gambler's fallacy,
				shape and size	can increase
	Analyse whether	Understand how	Explain when	influences	susceptibility to
	popularity is	stereotypes and	gambling becomes	perception of	gambling
	important in	expectations may	unsafe	physical health	about the law
	relationships	limit aspiration			and illegal financial
		and why different	Analyse why young	Be able to make	activities, including
	Be able to form and	careers are	people enter gangs	informed choices	fraud and
	sustain positive	required within		about diet and	cybercrime
	relationships and	our society	Critically assess	exercise and	• how to manage
	critically assess the	,	why people choose	critically assess	risk in relation to
	quality of their	Able to use labour	to gamble	sources of health	financial activities
	friendships	market		information	
	·	information to			
		begin to make	Tutorials linked	Critically assess	
	Tutorials linked	informed choices	with online safety	how the media	
	with Black History	regarding future	week	portrays health	
	Month	careers			
			Tutorials linked	Know warning signs	
			with LGBT History	of poor mental	
			Month	health and a range	
				of poor mental	
				health conditions	
				and	
				negative coping	
				strategies	
				List possible	
				warning signs of	
				poor mental health	
				and negative	

				coping strategies Understand the stigma and myths that surround mental health and the challenges of effectively managing/treating mental health. Explain why	
				treating mental health is so difficult Be able to confidently seek help when experiencing poor mental health Tutorials linked with Mental Health awareness week	
Personal	development c	alendar events in	cluding Above &	Beyond	
Black History Month Safeguarding Week Autumn Term A&B programme	Anti Bullying Week	Online safety day LGBT History Month Spring Term A&B Programme	Equality Week Languages week	Mental Health awareness week Summer Term A&B Programme	

		Careers Focus	
What		Students will hear	Through the tutorial
	tutorial programme		programme students
students are	students will focus	'role models' using	will focus on
learning and	on:	the People Like Us	le l
where		resource.	Knowing how to
Wileie	Knowing a range of	(Science lessons)	effectively budget
	possible career		and evaluate savings options
	paths and		• how to prevent
	employment options and the		and manage debt,
	roles and		including
	responsibilities		understanding
	involved in a range		credit rating and
	of careers		payday lending
	Listing different		• how data is
	careers in the STEM		generated, collected
	sector		and shared, and the
			influence
	Describing the roles		of targeted
	and responsibilities		advertising
	involved in a range		
	of STEM based		how thinking
	careers		errors, e.g. gambler's
	Hardanakan di cele		fallacy, can increase susceptibility to
	Understanding how		gambling
	stereotypes and		gannoning
	expectations may limit aspiration and		• about the law and
	why different		illegal financial

and Skills	and evaluate their whole investigative process and attempt to establish what went well and what could have been done differently.	and values that underpin British society The concept of democracy and different forms of democracy, including representative democracy. The values underpinning democracy: rights, responsibilities , freedoms, equality, the rule of law.	•	can contribute to public life by joining an	•	protects the citizen and deal with criminals The importance of key international agreement and treaties in regard to human rights: the UN Universal Declaration on Human Rights the European Convention on Human Rights the UN Convention on the Rights of the Child the Human Rights Act (1998). The role of international	•	positive relationships. Understand how relationships can become negative or unsafe, and confidently seek help when in a negative platonic relationship List the physical signs of pregnancy Describe the emotional, financial and organisational commitments required to effectively care for children Understand the issues surrounding planned pregnancy and to be able to discuss the options that can be taken when faced with an unplanned pregnancy Critically assess the advantages and disadvantages of abortion, adoption and having an unplanned pregnancy Be able to make informed decisions about when to have sex and when to have children Know the law on consent Describe how consent issues can have an impact on intimate relationships Understand the issues surrounding consent and rape Be able to make informed decisions about the positivity of intimate relationships and confidently seek help when in a negative intimate relationship
				•	•	The role of	•	·

			for election; campaigning; advocacy; lobbying; petitions; joining a demonstration; volunteering. The roles played by public institutions, public services, interest and pressure groups, trade unions, charities and voluntary groups in providing a voice and support for different groups in society.	 to protect victims of conflict how international humanitarian law helps establish the rules of war. 	experience pressure, sexual assault or rape in an attempted intimate relationship
Assessment	Assessment will contain a combination of essay and multiple-choice questions, based on AQA exam structure. Focusing	Assessment will contain a combination of essay and multiple-choice questions, based on AQA exam structure.	Assessment will contain a combination of essay and multiple-choice questions, based on AQA exam structure. Focusing	Assessment will contain a combination of essay and multiple-choice questions, based on AQA exam structure.	Review questions set on a Google form, to Check students' understanding on the Topics covered.

	on content covered from Theme 4 Active Citizenship.	Focusing on content covered from Theme 3 - Politics and Participation.	on content covered from Themes 1, 2, 3 and 4.	Focusing on content covered from Themes 1, 2,3 and 4.				
How can students prepare beyond the classroom?	TV or the internet programmes are a Be watching the n week, with a focus	(satirical comedy acceptable). ews at least twice a son decisions those ing, and what those covernment are pressure groups, and what are	by Mike Mitchell t what different cou of governing them • Use AQA Citizensh	or 9 Citizenship to practise for aship section. aip Studies book to investigate untries do in terms aselves. aip Studies book to investigate how as of the British	Students should: Consider questions on each topic Research in preparation or after the lesson using the following websites https://www.talktofrank.com/https://www.brook.org.uk/https://www.childline.org.uk/ Research options for Post 16 Log into Unifrog Consider the type of lifestyle you would like in the future, and how you will pay for it.			
	Tutorial Focus							

* Subject to change to respond to current events

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 1
What students are learning	Self worth and your role within the community	Relationship challenges and abuse	Online safety and online presence / employability	Pressure to belong - religion/ peer pressure/ gangs	Lifestyle balance and healthy choices	Introduction to post 16 education options
Key Content	To know strategies	Understand the	Know patterns in	Know about	Critically assess the	Be able to

that help to maintain good mental health and the possible causes/warning signs of poor mental health de to bereavement. • Ust the warning signs of poor mental health ductratian circumstances may lead to poor mental health • To know how to maintain body positivity • Tutorials linked with Black History Month **Month** **Ist that help to maintain good mental health and the possible causes/warning signs of poor mental health de to bereavement. • Understand that certain circumstances may lead to poor mental health • To know how to maintain body positivity • Assess how pressure and consent issues can affect intimate relationships • Now where and how to seek help if they experience pressure, sexual assault or rape in specified assault or rape in specified and positive and negative role models on positive role models of how to evaluate to the influence of role models and become a positive role models of models and become a positive role model for positivity of careers involved in a range of mental health of the influence of role models and become a positive role models on poerceptions of gang culture • About the media's important in personal safety important in or society and that the labour market may increasingly independent search opportunities • Now where and trape. • Be able to make informed decisions about the positivity of intimate relationships and confidently seek help with the positivity of the posi	maintain good mental health and the possible causes/warning signs of poor mental health. • List the warning signs of poor mental health due to bereavement. • Understand that certain circumstances may lead to poor mental health • To know how to maintain body positivity • Assess how mental impact intimate relationships and consent issues can megative role models • Describe how consent issues can possible career paths and employment options • Describe how consent intimate paths and employment options • Describe how consent issues can possible career paths and employment options • Describe how consent issues can impact intimate relationships. • Understand the issues surrounding content in paths and employment options • Now the roles and become a positive role models • how to evaluate the influence of role models options • Now the influence of role models and become a positive role models • how to relations and arrange of possible career paths and employment options • Now the roles and responsibilities involved in a range of possible career paths and employment options • Now the roles and responsibilities involved in a range of possible career paths and employment options • Now the roles and responsibilities involved in a range of possible career paths and employment options • Now the roles and responsibilities involved in a range of postive role models • Now the roles and responsibilities opersonal safety • Now the media's important in personal safety • Now to keep self and others safe in situations, peer influence in infl		1		1	1	1	
relationship	with Black History Month relationships Now where and how to seek help if they experience pressure, sexual assault or rape in an intimate relationships Tutorials linked with online safety week week Tutorials linked with online safety week Situations * about communities, inclusion, respect and belonging	and Skills	maintain good mental health and the possible causes/warning signs of poor mental health. • List the warning signs of poor mental health due to bereavement. • Understand that certain circumstances may lead to poor mental health • To know how to maintain body positivity Tutorials linked with Black History	 Describe how consent issues can impact intimate relationships. Understand the issues surrounding consent and rape. Be able to make informed decisions about the positivity of intimate relationships and confidently seek help when in a negative intimate relationship Assess how pressure and consent issues can affect intimate relationships Know where and how to seek help if they experience pressure, sexual assault or rape in an intimate 	and a range of possible career paths and employment options Know the roles and responsibilities involved in a range of careers Understand why different careers are required within our society and that the labour market may impact employment opportunities Tutorials linked with online safety week Tutorials linked with LGBT History	negative role models • how to evaluate the influence of role models and become a positive role model for peers • about the media's impact on perceptions of gang culture • how to keep self and others safe in situations, peer influence in increasingly independent scenarios, in relation to substances, gangs and crime • exit strategies for pressurised or dangerous situations * about communities, inclusion, respect	maintaining good quality sleep • Describe how good quality sleep benefits physical and mental health • Explain why CPR is important in personal safety Tutorials linked with Mental Health	career paths and employment options Make informed decisions about what career path pursue Know how Post 1 choices can link

Personal development calendar events inc A&B link	Black History Month Autumn Term A&B programme	Online safety day LGBT History Month Spring Term A&B Programme	Tutorials linked with LGBT History Month Languages week	Mental Health awareness week Summer Term A&B Programme	
		Careers Focus			
What students are learning and where		Through the tutorial programme students will: Know patterns in the labour market and a range of possible career paths and employment options Know the roles and responsibilities involved in a range of careers Understand why different careers are required within our society and that the		90 targeted students will attend a BUILD workshop to learn about careers in the construction industry.	Through the tutorial programme students will: Be able to confidently explore career paths and employment options Make informed decisions about what career path to pursue Know how post-16 choices can link with future careers As part of activities

			labour market may have an impact on employment opportunities Students will hear from STEM careers 'role models' using the People Like Us resource. (Science lessons)			week students will take part in Careers Day, which includes opportunities for providers to lead workshops/activities showcasing a range of career pathways
Link to Gatsby Benchmarks			1, 2, 4, 5		2, 3, 5, 7, 8	1, 2, 4, 5, 7, 8
			Year 11			
			Cultural Studies			
What students are learning	Relationships	Next steps	Choices and influences Equality Act 2010 sexism and misogyny and its impact	Maintaining good mental and physical health in the future Impact of religious beliefs on students' lives now and in the future	Stress management techniques Life skills and life management	N/A
Key Content and Skills	Relationship expectations and valuesManaging	 Fertility and different views on family life, including 	healthy life choices	 Self examination and noticing changes Blood, organ 	Reviewing revision techniquesHow to	

	set on a Google form, to check students' understanding on the topics covered.	set on a Google form, to check students' understanding on the topics covered.	set on a Google form, to check students' understanding on the topics covered.	set on a Google form, to check students' understanding on the topics covered.	set on a Google form, to check students' understanding on the topics covered.	
How can students prepare beyond the classroom?	Students should: Consider question Research in prepa lesson using the fo https://www.talkt https://www.broo https://www.chilo	ration or after the ollowing websites ofrank.com/ok.org.uk/	Students should: Research options Log into Unifrog Consider the type would like in the f will pay for it		Students should: • Revise and prepar	e for exams
		* Subject to c	Tutorial Focus thange to respond to c	urrent events		
What students are learning	Healthy Lifestyles	Decision making and influences	Having a positive mindset	Interpersonal skills and career choices	First aid	N/A
Key Content and Skills	Know the importance of healthy choices and the impact of these choices on ones physical and mental health Understand the relationship between sleep,	Know the risks associated with substance abuse and the laws surrounding drug taking Understand the relationship between risk behaviours, self	To be able to set themselves a goal of where they want to be in 12 months time and be able to plan their pathway to achieving this. To know resilience	Identify how to research careers and create an action plan to find the right career that suits them Be able to correctly identify and describe the benefits of	Identify and describe the order of the CPR steps Identify what a defibrillator is and how to use one Identify ways to improve levels of personal safety and	

physical and mental health Tutorials linked with Black History Month	value and peer pressure, and the circumstances when certain risk behaviours may become unsafe Explain how peer pressure influences smoking, drinking and drug taking, and be able to think critically about why others may participate in risk Be able to make informed and safe decisions when confronted with possible risk behaviours	techniques and be able to apply them in real life situations where necessary Tutorials linked with online safety week Tutorials linked with LGBT History Month	pursuing a career in the STEM industries Be able to identify some considerations employers make when choosing who to employ Tutorials linked with LGBT History Month	what to do in different types of medical emergencies. Tutorials linked with Mental Health awareness week	
Personal	development ca	alendar events in	cluding Above &	Beyond	
Black History Month Safeguarding Week	Anti Bullying Week	Online safety day LGBT History Month	Equality Week Languages week	Mental Health awareness week Summer Term A&B	

	Autumn Term A&B programme		Spring Term A&B Programme		<u>Programme</u>	
			Careers Focus			
What students are learning		Through the Cultural Studies curriculum, students will: Understand the purpose of the job application process and how to succeed Explain how different post-16 subjects and qualifications can lead to different employment options Be able to make informed decisions about what post-16 options to take	Students will hear from STEM careers 'role models' using the People Like Us resource. (Science lessons)	Students will review their post-16 choices in light of their PPE results. Through the tutorial programme, students will: Develop their knowledge of a range of possible career paths and employment options Develop their knowledge of the roles and responsibilities involved in a range of careers		
		Know a range of possible career				

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	paths and		
	employment		
	options		
	'		
	Know the roles and		
	responsibilities		
	involved in a range		
	of careers		
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	Be able to list		
	different careers in		
	the business sector		
	the business sector		
	Describe the roles		
	and responsibilities		
	involved in a range		
	of business based		
	careers		
	careers		
	Understand how		
	stereotypes and		
	expectations may		
	limit aspiration and		
	why different		
	careers are		
	required within our		
	society		
	Know the financial		
	responsibilities		
	they will have		
	post-18		
	host-10		

Link to Gatsby Benchmarks	1, 2, 3, 4		1, 2, 3, 4		
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Years 12 & 13

Tutorial Focus - Year 1

* Subject to change to respond to current events

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
What students are learning	Transition/study skills & Mental health	World of work & Relationships	Goal setting & Black Lives Matter	Managing money & Drugs and alcohol	Critical thinking & 'What's Your Purpose?'	UCAS/RAG & 'The Happiness Project'
Key Content and Skills	on:	Students will focus on: How to seek and assertively give, not give or withdraw consent, in all contexts The legal and moral responsibilities in relation to seeking consent and how to recognise factors that might affect capacity to consent The emotional, physical, social,	Students will focus on: How to communicate personal values in different types of relationships Learning about rights, roles and responsibilities in a diverse society and how to respect and advocate for them Strategies to challenge prejudice	Students will focus on: How to identify and manage the impact of substance use on health, personal safety, decision making and sexual behaviour The consequences of substance use,	Students will focus on: How to assess strengths, interests, values, and skills to set realistic, aspirational goals How to evaluate the options available in education, training and employment post-18, including higher education, further training or apprenticeships,	Students will focus on: Acts of kindness Strategies to promote mental health and emotional wellbeing and address difficulties How to celebrate cultural diversity and promote inclusion

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1	Stress management	and legal	and discrimination in	and how to	and gap year	How to evaluate
	strategies	consequences of	relation to inclusion	manage use of	opportunities	strengths, skills and
		failing to respect	and any of the	alcohol and other	How to evidence	interests in relation
	The signs of	others' right not	protected	drugs		to future
	emotional or	to give or to	characteristics of the		strengths and skills	opportunities and
	mental ill-health	withdraw consent	Equality Act (2010)	The risks of being a	and use this when	career
		How to identify the	How to celebrate	passenger with an	applying and	development
	How, when and	signs of abuse,	cultural diversity and	intoxicated driver	interviewing for future roles and	
	why to access	exploitation and	promote inclusion	and how to		Learning about the
	appropriate	assault or rape	promote inclusion	manage this	opportunities	implications of the
	support and		Learning about the	A b a u t t b a i ma m a -t		global market for
	treatment	Where and how to	ways different faith	About the impact		future choices in
	The effects on body	access support and	or cultural views can	of substance use on		education and
	image and	report concerns,	influence	road safety,		employment
1	self-esteem of	including online	relationships, and	work-place safety,		How to identify
	idealised images of	Ta avalvata	how to challenge	reputation and		appropriate 'next
	bodies and	To evaluate	these if appropriate	career		steps' post-18, such
	pressure to	attitudes towards				as higher
	conform	sexual assault and	How to safely			education, further
	COMOTH	their impact; how to challenge	challenge prejudice and discrimination,			training or
	Strategies to		,			apprenticeships,
	manage influences	victim-blaming,	including online			
	on body image	including when abuse occurs	Learning about			and gap year opportunities
	, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	online	extremism and			ορροι ταπιτίες
	How to manage	Offilitie	radicalisation, how			Learning about
	influences and risks	How to recognise	to reduce the risks			application
	relating to cosmetic	manipulation and	and when, where			processes,
	and aesthetic body	coercion and	and how to seek			including how to
	alterations	manage negative	help			write a concise and
		influence and				compelling
		persuasion				personal
		1				

 1	1		
Exit strategies for			statement,
unhealthy			effectively refine
relationships			and tailor a CV and
			prepare for
About rights in			interviews
relation to			
harassment,			
including			
online, stalking			
and violence,			
how to			
respond and			
where to seek			
help			
About the			
unacceptability			
and illegality of			
forced marriage			
and			
'honour'-based			
violence and how			
to safely seek help			
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Exit strategies for			
pressurised or			
dangerous			
situations			
How to evaluate			
strengths, skills and			
interests in relation			
to future roles and			

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	opportunities		
	How to be		
	enterprising in life		
	and work		
	How to write an		
	effective CV and		
	prepare for		
	interviews for		
	part-time work		
	part-tille work		
	About career		
	opportunities in a		
	global economy		
	global economy		
	About rights and		
	responsibilities in		
	different types of		
	employment,		
	including		
	full-time,		
	part-time, and		
	jobs in the 'gig		
	economy'		
	How to		
	demonstrate		
	professional		
	conduct, including		
	following health		
	and safety		
	<u> </u>		

	protocols About workplace confidentiality and security, including cyber-security and data protection When, why and how to seek or provide support in response to bullying and harassment in the workplace Strategies for overcoming challenges or adversity in the workplace About the role of					
Tutorial Focus - Year 2 * Subject to change to respond to current events						
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	

What students are learning	Transition/study skills & Mental health	Goal setting (careers focused) & Relationships	Political awareness & 'Know Your Rights'	Critical thinking & 'Know Your Rights'	Media Literacy & Healthy Living	UCAS/RAG & Healthy Living
Key Content and Skills	Students will focus on: How to manage work-life balance, including study, leisure, exercise, sleep and time online Strategies to promote mental health and emotional wellbeing and address difficulties Stress management strategies The signs of emotional or mental ill-health How, when and why to access appropriate	Students will focus on: How to seek and assertively give, not give or withdraw consent, in all contexts The legal and moral responsibilities in relation to seeking consent and how to recognise factors that might affect capacity to consent The emotional, physical, social, and legal consequences of failing to respect others' right not to give or to withdraw consent How to identify the signs of abuse, exploitation and assault or rape	Students will focus on: Learning about rights, roles and responsibilities in a diverse society and how to respect and advocate for them Strategies to challenge prejudice and discrimination in relation to inclusion and any of the protected characteristics of the Equality Act (2010) How to celebrate cultural diversity and promote inclusion Learning about the ways different faith or cultural views can influence relationships, and	Students will focus on: Strategies to challenge prejudice and discrimination in relation to inclusion and any of the protected characteristics of the Equality Act (2010) How to celebrate cultural diversity and promote inclusion Focus on how students evaluate risk and make decisions	Students will focus on: Skills to improve adaptability and resilience during periods of change and strategies to manage change About the importance of monitoring personal health and wellbeing How to make informed, independent health choices and manage media messages about health (including about vaccination/immun isation)	Students will focus on: Skills to improve adaptability and resilience during periods of change and strategies to manage change About the importance of monitoring personal health and wellbeing How to make informed, independent health choices and manage media messages about health (including about vaccination/immun isation)

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bodies and pressure to conform Strategies to manage influences on body image	Where and how to access support and report concerns, including online To evaluate attitudes towards sexual assault and their impact; how to challenge victim-blaming, including when abuse occurs online How to recognise manipulation and coercion and manage negative influence and persuasion Exit strategies for unhealthy relationships About rights in relation to	how to challenge these if appropriate How to safely challenge prejudice and discrimination, including online Learning about extremism and radicalisation, how to reduce the risks and when, where and how to seek help How powers are organised between the Westminster Parliament and the devolved administrations in Northern Ireland, Scotland and Wales; how relations are changing between England, Scotland,		How to maintain a healthier diet	How to maintain a healthier diet How to evaluate strengths, skills and interests in relation to future opportunities and career development Learning about the implications of the global market for future choices in education and employment How to identify appropriate 'next steps' post-18, such as higher education, further training or apprenticeships, and gap year opportunities
	unhealthy relationships About rights in relation to harassment, including online, stalking	Scotland and Wales; how relations are			training or apprenticeships, and gap year
	and violence, how to	IOI ENGIISH IAWS.			including how to

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	spond and	Who can stand for		write a concise and
I I		election and how		compelling
he	'	candidates are		personal
		selected.		statement,
Ho	ow to assess	MATIN A STATE OF THE STATE OF T		effectively refine
		Who can and cannot		and tailor a CV and
	lues, and skills to	vote in elections and		prepare for
		why; debates about		interviews
ası	pirational goals	the voting age.		
Ho	w to evaluate	Issues relating to		
the	e options	voter turnout, voter		
ava	ailable in	apathy and		
ed	ucation, training	suggestions for		
an		increasing voter		
po	st-18, including	turnout at elections.		
hig	gher education,			
fur	rther training or			
ap	prenticeships,			
an	d gap year			
Ор	portunities			
Ho	ow to evidence			
str	engths and skills			
	d use this when			
ap	plying and			
	terviewing for			
	ture roles and			
Ор	portunities			
Ho	ow to evaluate			
	e changing			
I I	tterns and trends			

		in the labour market, locally, nationally and internationally, and benefit from potential opportunities						
Additional Year 12 initiatives	Fortnightly enrichment clubs timetabled into the tutor programme			Student Leadership T younger students	eam - helping at schoo	ol events, mentoring		
	Twice per half term g	uest speaker.		University trips - two	trips for all Year 12 st	udents		
	We are Leaders - cho		ed up with a KS3	Reach Pathway to support with preparing for an Oxbridge/Russell Group application				
	Post-18 evidence logs to develop wider reading - tasks set every three weeks			Mock interviews and apprenticeship workshops in the summer term				
	Plan My Week covere students structure th	• ,	time to help					
	StudyPlus and StudyS struggling - with learn		r students who are					
	Personal development calendar events including Above & Beyond							
	Black History Month	Anti Bullying Week	Online safety day	Equality Week	Mental Health awareness week	_		
	Safeguarding Week		LGBT History Month	Languages week	Summer Term A&B Programme			
	Autumn Term A&B		Spring Term A&B		<u></u>			

	Tutor time enrichment options run throughout the year here		<u>Programme</u>			
			Careers Focus			
What students are learning	Fortnightly 1:1 mentoring with form tutors about study plans and post-18 options built into the tutor programme. Including dedicated supervisor who mentors students' post-18 application Meetings and workshops throughout Year 12 to work on researching and preparing for university/apprenti ceship applications Year 12 trip to Reading or Royal	Fortnightly 1:1 mentoring with form tutors about study plans and post-18 options built into the tutor programme. Including dedicated supervisor who mentors students' post-18 application Y12: University of Cambridge trip for Reach Pathway students Year 12 and 13 Christmas Community Event - students take a lead role in putting	Fortnightly 1:1 mentoring with form tutors about study plans and post-18 options built into the tutor programme. Including dedicated supervisor who mentors students' post-18 application Year 13 - STEM further education/ careers mentoring programme (student opt in only)	Fortnightly 1:1 mentoring with form tutors about study plans and post-18 options built into the tutor programme. Including dedicated supervisor who mentors students' post-18 application	Fortnightly 1:1 mentoring with form tutors about study plans and post-18 options built into the tutor programme. Including dedicated supervisor who mentors students' post-18 application Year 12 - STEM further education/ careers mentoring programme (student opt in only)	Fortnightly 1:1 mentoring with form tutors about study plans and post-18 options built into the tutor programme. Including dedicated supervisor who mentors students' post-18 application Talk theTalk day in activities week - a day of improving speaking and interview skills Work experience week in July of Year 12 Post-18 applications drafting day in

	for all students	on a Christmas tea party for elderly local residents each year				activities week in July Year 12 - As part of activities week students will take part in Careers Day, which includes opportunities for Providers to lead workshops / activities
Link to Gatsby Benchmarks	1, 2, 3, 4, 7, 8	1, 2, 3, 4, 7, 8	1, 2, 3, 8	1, 2, 3, 8	1, 2, 3, 8	1, 2, 3, 4, 5, 6, 8