

RHS Values Champions:

Top 5 Attendance:

- **7B** - 97.37%
- **C62** - 96.46%
- **7F** - 96.45%
- **7A** - 96.19%
- **8F** - 96.18%

(attendance calculated until 13/03/2025)

HoY Shout Out:

A shout out goes to **Issac, 7D**, for his diligent campaign to save the hedgehogs. He has done this completely independently and we are sharing his work with the year group next week.

Ms Loizou - Head of Year 7

Subject Shout Out - Politics:

I would like to say a huge well done to **Matthew B**, Year 12, who has made big strides of improvement in his work in politics. Matthew has really applied himself in lessons!

Mr Reynolds - Government and Politics Teacher



A message from Mr Davies:

A real highlight for me this week was closing our Game 24 competition, a long-standing maths competition that saw Year 7 teams from across Hillingdon compete. The event predates my time at the school, but as I shared with the students and staff present, this year's event saw the best attendance I have seen. While we frequently celebrate students' sporting achievements, it was particularly rewarding to acknowledge and celebrate those excelling in maths. I would like to thank Ms Vaghela, the maths team, and our amazing sixth form helpers for making the event such a success.

This bulletin again emphasises just how much happens at the school over a two-week period, a testament to the vibrant community we are.

I would like to use the introduction to this week's bulletin to inform parents/guardians that we will conduct a 'shelter in place' drill during lesson time next week. Mr Askin, Senior Assistant Headteacher, has been explaining to students this week why all Vanguard Learning Trust schools carry out these drills and the importance of approaching them in a calm and sensible manner. Should parents/guardians have any concerns please do not hesitate to email the school office on office@ruisliphigh.org.uk and direct any queries to Ms Coltman, Deputy Headteacher.

RHS Equality Week 2025



From Monday 3rd March, 2025, students at our school had the chance to get involved in Equality Week. This annual week focuses on celebrating the diverse cultures, backgrounds and identities of our school community.

At Ruislip High School, the week saw students taking part in a range of activities relevant to the week. Year 7s took part in a Gamelan music workshop, led by the music department, whilst Year 8 students took part in an Indian classical dance workshop run by the SBDC dance company. The workshop began by teaching all students basic skills and built up to groups learning a complete dance routine by the end of the session.

One of the highlights of the week took place on Wednesday 5th March: 'Cultural Day'. On this day, staff and students dressed up in their cultural clothes, if they so wished. It was wonderful to see students wearing clothing representing their cultural heritage with pride and celebrating their heritage with others from different cultures and backgrounds across the school.

Finally, throughout the week students took part in tutorials linked to the theme of equality in society. For example, Sixth Form students considered the power of language and how we should all aim to use language that is inclusive of everyone - and not use language to single people out or identify them based solely on one characteristic.

Iza, Year 10, said: "I loved seeing others in their traditional clothes and learning about their heritage."

Sophia, Year 10, said: "I think this week is important as it is great to express our identities and appreciate others' cultures."

Thank you to all of our staff and students for getting involved in the week and remembering that at RHS we celebrate and respect our differences, whilst remaining stronger together as a school community.

A Level History Trip to Hampton Court Palace



On Wednesday 5th March, 2025, our Year 13 historians visited Hampton Court Palace to take part in an A Level History study day.

The day began with a brilliant lecture from Professor Tracy Borman, Chief Historian at Historic Royal Palaces. The lecture gave an overview of how the Tudor dynasty developed from the fragility of the usurper King Henry VII, to the days of 'Gloriana' and the 'Golden Age' of Elizabeth I, and how Hampton Court became one of the Tudors' most favoured palaces.

After this, the students took part in two engaging workshops, the first involved using primary source material from the Palace to understand more about the public and private image of Henry VIII. Then, in the afternoon, our students' second workshop consisted of a tour of the Palace by an expert guide.

The entire day was framed around the A Level History unit, focused on The Tudors. The opportunity to study source material in a former Tudor Palace really brought the students' studies to life.

Will, Year 13, said: "The atmosphere of the day was incredible. Getting to study parts of our A Level course in a historic place was really interesting."

Thank you to Mr Sills for leading the trip, we are certain the students gained a lot from the experience, ahead of their final exams this summer.



A Message from The Friends of Ruislip High

What we are currently working on:

The Friends Team is currently busy working on new ways to fundraise for our school and to support our local community. In the coming weeks, we will be helping to organise an Easter collection for the local Hillingdon food bank. Students and families have been very generous with their donations in the past; we are hoping that we can once again provide a significant donation to support those families in need within our own community. If you wish to make a donation towards this collection, please...

Secondly, we are also providing the Easter attendance award gift bags to students who have had excellent attendance in the last two weeks of term. We are very excited to be putting together a number of wonderful hampers for the winners of the attendance draw. Details about the draw can be found on the next page in this bulletin.

Preloved Uniform Sales:

We will be holding our next preloved uniform sales at the upcoming Parents' Evenings:

- Year 7: Thursday 20th March, 2025
- Year 8: Thursday 3rd April, 2025
- Year 10: Thursday 1st May, 2025

The Preloved Uniform sales are open to all parents at RHS - you do not have to be attending the Parents' Evening to come into school and purchase second hand uniforms. Our stall will be set up in the Atrium, with plenty of bargains on offer! We are able to take both cash and card payments. All packaging and can be handed into the school office for the attention of the Friends team.

Pre-loved uniform sales are not only a great way to make money for the school, they are also a sustainable way of reusing uniform.

Gift Amnesty

We are always looking for items which we can use for raffle prizes (electricals, alcohol, candles, vouchers, toiletries, chocolates etc). If you have recently received a gift you would like to shift - we will take them and they will be used to help raise money for the school. Items should be brand new, unopened, in the original packaging and can be handed into the school office for the attention of the Friends team.



Corporate Sponsorship

Do you work for a company who may be interested in giving a donation or sponsorship to support our school and students? If so, please contact the Friends team directly at friendsofrhs@ruisliphigh.org.uk or via the school office at - office@ruisliphigh.org.uk

Where Money Raised is Spent

Thanks to your very generous support we have been able to purchase a number of items for school recently, which will benefit large numbers of students. This has included a large fridge for the Food Tech department; a new cupboard to store the sports equipment used at break times; and cages for students to safely store their bags and belongings when they are using the MUGA and outside space. The students are already feeling the benefit of these items and we thank you for your support.



Would You Like to Join?

We are a small, friendly group of parents who work hard to try and raise funds for our students, and we are always looking for new members and new ideas. You can commit to as much or as little time as you can. If you would like to join us, please email us directly at friendsofrhs@ruisliphigh.org.uk and we will be in touch.

Very best wishes

The Friends of Ruislip High Team



HoY Update: Year 10 - Mr Joseph

I am pleased to share some positive updates about our Year 10 students. Firstly, I want to commend the year group for their marked improvement in attendance. Their commitment to being present and engaged in school life is setting an excellent example and reflects their growing sense of responsibility.

As we approach the upcoming Pre-Public Examinations (PPEs), I am encouraged by the maturity and attitude to learning that many of our students are demonstrating. Their focus and determination during lessons, as well as their willingness to seek support and guidance, underline their readiness to rise to the challenge of these important assessments.

We remain committed to supporting Year 10 students in every way possible and encourage them to maintain their positive mindset and work ethic in the weeks ahead. Please do remind them of the importance of consistent preparation and time management as they balance their studies and personal wellbeing.

Thank you for your continued support, and let's work together to ensure the success and growth of our young people.

The Brilliant Club



The Brilliant Club Scholars Programme is an initiative designed to support and challenge students from underrepresented backgrounds. It provides opportunities for students to engage in university-style learning and develop critical thinking, research, and writing skills. Scholars work on a university-level project with a PhD tutor, participate in seminars, and gain exposure to higher education through campus visits.

This year, 14 of our Year 12 students have undertaken the challenge, working with a mentor from Sussex University. At RHS we have had some varied project topics for The Brilliant Club, and this year is no exception. Students will be working on a project called: 'This Bad Boy Ting', and with their mentor they will be exploring gender, race and performativity in UK Rap music.

Students involved in the club will be graded and assessed based on their completion of a final assignment related to the university-level project they've been working on. The assessment involves a written piece, often a research report or essay, which is marked by their PhD tutor.

The students' overall performance is evaluated on criteria such as research skills, critical thinking, depth of analysis, and the clarity of their writing. Additionally, students receive feedback throughout the programme to support their development, with grades reflecting both their engagement in the seminars and the quality of their final submission.

We look forward to seeing what our Year 12s submit in April, when their projects draw to a close.

World Book Day 2025



On Thursday 6th March, 2025, we celebrated World Book Day to highlight the importance of reading - both academically and for pleasure.

In the morning, all students took part in a reading focused tutorial, organised by Ms Harkin-Bullen, Second in Charge in English and Ms Duffy, Teacher of English.

The tutorials encouraged students to try reading something they might not otherwise encounter, but to show them the breadth of book choice available to them. The other purpose of the tutorials was to show students where they might need to use their reading skills in the wider world beyond education.

Verity, Year 10, said: "I really liked having a chance to explore reading for fun in tutorial. I love reading because it has introduced to me to many abstract ideas, which I would not come across otherwise."

Staff also celebrated their love of reading, with our school's digital signage sharing selfies of staff proudly showing off the cover of their current read. Again, the variety of books being read amongst the staff highlighted to the students there really is a book for everyone!

Maths: Game 24

On Tuesday 11th March, 2025, the Game 24 competition brought together thirteen schools from the local area, for an unforgettable day of fierce rivalry and incredible sportsmanship. The event showcased the skills and determination of students, as they competed across a series of questions.

Game 24 is a maths puzzle, in which the objective is to find a way to manipulate four numbers so that the end result is 24.

The competition was intense from the start, but the most exciting moment came during the tie-breaker between three top-performing schools. With the scores close, a sudden death tie-breaker was called, leaving everyone on the edge of their seats. The remaining teams battled it out in a final round that tested their teamwork, focus, and resilience under pressure.

While the competition was fierce, the sportsmanship displayed by all the students was equally impressive. Regardless of the outcome, each team showed immense respect for their peers, creating a positive and supportive atmosphere throughout the day.

In the end, a winner emerged from the tie-breaker, with first place being awarded to Queensmead Team A. However, all 13 schools were celebrated for their hard work and determination. Although RHS were not the winners this year, our team showed great promise and dedication. The school will no doubt keep working hard and focus on improving for next year's competition, aiming to come back stronger.

Thank you to the Maths Department for organising the event.



PE NEWS: Netball Tournament

Congratulations to the two Year 7 netball teams who represented the school in the VLT Netball Tournament which took place at Oak Farm School on Wednesday 5th March, 2025.

The performances displayed by the teams were outstanding, with the students displaying their sporting prowess and skill on the court. Although the teams played brilliantly, unfortunately they were pipped to the post for first place, bringing home 2nd place medals, with Vyners ultimately taking home a win. However, that's not to say that RHS let Vyners win easily - the final scores were extremely close, with the organisers having to consult the number of goals scored!

Well done to all of our students who took part - you proved to be wonderful ambassadors for the school throughout the tournament. Finally, thank you to Ms Farrell for accompanying the students. The full teams are listed below:

Mixed Team:

Zachary B (7S), Conor W (7C), Avani S-G (7A), Pelin B (7B), Maiara S (7C)

Girls' Team:

Caitlin B (7A), Freya B (7A), Francesca A (7D), Lily J (7S), Coralie A (7D)



What Parents & Educators Need to Know about ROBLOX

AGE RESTRICTION PEGI 7

Roblox is one of the most popular video games among children. In 2020, the game's developers claimed that more than half of the USA's children had played it. As a 'sandbox' title, the game lets players create their own gaming experiences with Roblox Studio to build custom levels, which can then be shared online.

WHAT ARE THE RISKS?

ONLINE PLAY RISKS
Because Roblox connects random players across the world, it can put younger players into an environment with anonymous users who could use the platform for nefarious reasons. For example, some role-play games are used for online dates and mature role play, which could expose youngsters to inappropriate messages in the public chat box.

MATURE CONTENT
Content is difficult to moderate throughout Roblox, due to the number of games available. This is particularly notable on smaller games and experiences, but in summary, some of the games and experiences offered on the platform contain age-inappropriate content that could easily be seen by young players.

IN-GAME SPENDING
The majority of games within Roblox have extensive monetisation options, usually through season passes or microtransactions. Purchases can range in value from a few pennies up to much larger sums of money. While some games offer a lot of content via purchases, others can offer very little for real world money, causing younger players to end up out of pocket.

ANONYMOUS PLAYERS
The anonymity of users can leave players vulnerable to bullying, harassment, and predatory behaviour. Without the right parental controls or monitoring, users can connect with each other via personal messages or friend requests, and it is very difficult to know who's behind a username in this vast online world.

RISK OF ADDICTION
Roblox games can feature rewarding or satisfying mechanics that keep players coming back – or persuade them to stay logged-in for much longer. Like most games, they focus on interactivity, with constant rewards via in-game unlocks and currencies, which can sometimes lead to an addictive need to remain online for long periods of time.

SCAMS
Many of the games on Roblox feature collectible items, pets, or characters. These objects, while digital, are worth a lot of real money on certain online markets. Scammers will attempt to trade with younger users in the hopes of getting rare items that can be sold for real money, manipulating the child into handing them over, usually via misleading information.

Advice for Parents & Educators

MONITOR THE CONTENT
While Roblox does implement plenty of moderation tools and parental controls, it's up to parents and guardians to monitor the types of games a child or impressionable player is experiencing. If a youngster wants to play Roblox, be sure to check out which specific games they want to play within it, and get a good idea of their content.

PLAY TOGETHER
Consider playing Roblox with the children in your care. There are few more effective ways to see how monetisation works, gauge whether the game could lead to addictive behaviours, or even witness how interaction between players works, than sitting down and trying the game for yourself. This should help you figure out whether it's suitable for particular children.

TAKE ADVANTAGE OF TOOLS
Use the parental controls within the game itself and teach youngsters how to report and block other players. Knowing the powers within their reach will make Roblox a safer, happier experience. You can set age ranges for who's allowed to contact you, close public chat boxes, block spending, and even make your Roblox profile completely private. All these options are helpful in cutting off bad actors from engaging with children.

TEACH ONLINE BEHAVIOURS
Have an open conversation about the risks of online play and how to spend money wisely. By being honest and giving tips on how a younger user can protect themselves, you can empower them to not only take care of themselves, but others too. Any user can be reported to Roblox moderators by other players for behaving inappropriately. With this knowledge, younger players can be aware of what to look for and help prevent it.

Meet Our Expert
Dan Lipscombe is a videogame journalist and author of over 20 books on gaming, including books on Minecraft, Fortnite, Roblox, and more. For 15 years he has been writing about his passion for gaming. When he's not playing games, he's talking about them at GAMINGBIBLE.

#WakeUpWednesday
The National College

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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 12.03.2025

Notices:

Key Dates:

Tuesday 18th and
Wednesday 19th March
2025

Year 12 Art PPE

Thursday 20th March 2025
4:30pm-7:0pm

Year 7 Parents' Evening

Monday 24th March 2025
Start of Year 10 PPE Week

Tuesday 1st April 2025
3:30pm-8:00pm

Sixth Form Bowling Trip

Letters Home

Update to Parents -
07/03/25

[Click here](#)

Year 7 Parents' Evening
Letter -

[Click here](#)

Year 13 Finance Letter -

[Click here](#)

Other Opportunities
(not linked to the
school)

Artificial Intelligence Safety
Tips for Parents

[Click here](#)

Attendance DRAW

ENSURE YOU HAVE A POSITIVE END TO THE SPRING TERM. EACH DAY YOU ARE IN SCHOOL, YOU WILL RECEIVE A RAFFLE TICKET AND BE ENTERED INTO OUR SPRING ATTENDANCE DRAW.

ON FRIDAY 4TH APRIL, 2025, ONE STUDENT FROM EACH YEAR WILL BE SELECTED FROM EACH RAFFLE TO WIN AN EGG-STRAVAGANT EASTER GIFT BAG!

Spring Term Attendance Draw

Everyday your child is in school until the end of term, you will be entered into our attendance raffle.

A winner from each year group will win a Easter gift bag, courtesy of **The Friends of Ruislip High**.

Prizes will be awarded on Friday 4th April, 2025.

FRIENDS of Ruislip High School