

SIXTH FORM FOCUS

Your insight into Ruislip High School Sixth Form life

MEET THE TEAM



Emily P

Hi, my name is Emily and I'm one of your two new Deputy Head Students.

I'm really looking forward to getting to know you and working with you all to improve the school. My favourite thing about Ruislip High Sixth Form during my time here has to be the amazing opportunities and experiences I've been given. I've made so many great memories.

Lizzy P

I'm Lizzy and I am one of the Deputy Head Students.

My favourite thing about RHS Sixth Form is the community spirit and supportive environment that allows each student to achieve their goals.



Make sure you read the next edition to meet some more of the Student Leadership Team!

Year 12 Visit Reading and Royal Holloway

On Wednesday 20th October, Year 12 became the first whole year group since the pandemic to go on a trip! Half of the year group visited the University of Reading, and the other half visited Royal Holloway University. Students received talks on how to apply to university, and heard from student ambassadors about what university life is like. They also had the chance to go on tours around the campus of each university.

Mr Peacock, Head of Year 12, said "Both trips were extremely valuable, with many students commenting on how they feel that they have a far better understanding of university, what it entails and how to apply. The conduct of students was exemplary on both trips, and they were a pleasure to run."



University of
Reading



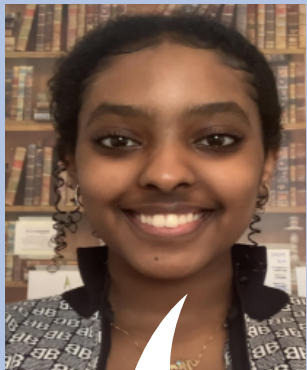
ROYAL
HOLLOWAY
UNIVERSITY
OF LONDON



Top tips for making the most of 6th Form Life

As our Year 13s have now had a whole year of sixth form life, we asked the Student Leadership Team what advice they would give to themselves at the start Year 12 in order to have the best time during sixth form.

Here is what some of them had to say...



Winta
Joint Head of Diversity
and Equality

Pre-read the chapter you will be focusing on for the term or that particular lesson so you can understand the topic and have questions to ask if necessary in class, this can also make you feel more confident in class when asked a question by your teacher!

I have been in RHS Sixth Form for almost a year now and one piece of advice I would give is to use your study periods. It may be fun to go out with friends and all, but I promise doing your work then will make it much easier for you.

Damian
Head of Year 10



As the weather is getting colder and the days are getting shorter, why not give one of these winter warmer recipes a go?



Not only will you have made some delicious food, but it's also a great way to start practising your cooking skills if you're going to university!

Looking After Yourself

In some ways, it feels like life has gone back to normality. School, in many ways, has returned to how it was before the pandemic but that doesn't mean there are still some differences to life before Covid. It is important to be kind to yourself and not expect everything to bounce back to normal.

Don't be afraid to stick with what you feel comfortable with and take your time with things.

Remember that everyone will take things at a different pace so be respectful of each other and how confident they feel now we are returning back to a sense of 'normality'.

And don't forget, the Sixth Form team are here to support you so if you have any worries or concerns, please speak to them.



Scan this QR code for a link to Kooth where you can access free online counselling.