



# The RHS Post-16 Bursary

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**16-19 BURSARY FUND**

**APPLICATION FORM 2024-25**

# What is the RHS Post-16 Bursary?

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The RHS Post-16 Bursary is a fund used by the school to support student with the costs of school-related items.

The awarding of funds from the bursary is contingent on household income and strong attendance.

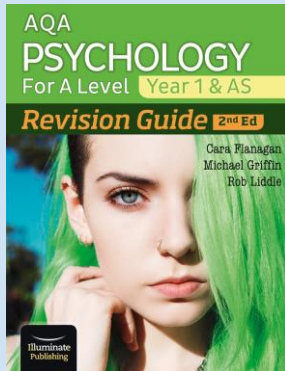


# How can it help me?

The RHS Post-16 Bursary can only be used to meet costs directly associated with your studies in the sixth form.

So for example, we can help pay for revision guides, travel to and from school, and any item of clothing that fits the dress code.

We cannot pay for anything that doesn't directly link to your studies, such as your university application, clothing that does not fit the dress code, extracurricular school trips, and tuition outside of school.



# Who is eligible?



## Vulnerable Groups - Automatically eligible for up to £150

- Young people who are currently in care, or who are care leavers
- Young people who are unaccompanied asylum seekers and students in Local Authority provided foster care)
- Young people who claiming Income Support/Universal Credit in their own name
- Young people who are 16-19 and in receipt of both Employment and Support Allowance/Universal Credit and Disability Living Allowance/Personal Independence Payment

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## How do I apply?



# Bursary guide - August 2024

If your household's total annual income is below £31,500 per year, you may be eligible for the Sixth Form bursary. Please [click here](#) to make an account and apply (applications are open from 22nd August 2024 onwards).

Here is a selection of stores you can purchase from and some ideas of clothing you will be able to purchase up to a total value of £150.

Stores: H&M, Marks & Spencer, Next, New Look, Zara

Your textbook deposit and UCAS fee will be paid for you separately to this.

Please have a look at the examples of how students can spend their allowance [here](#).

Pieces of clothing will only be ordered if they comply with the Sixth Form [dress code](#).

All items will be ordered for you so sizes MUST be clearly shown on the form.

# Above & Beyond Clubs

Why apply?

What responsibilities are involved?

What positions are available?

How do I apply?



# Above & Beyond

Joining an Above & Beyond activity is not only fun, it will build your character, enable you to meet new people with similar interests, develop your skills, make you more employable, enhance your college course and academic studies and generally help you to become a more well-rounded young person.

# Clubs running

## **Sixth Form Focus - articles**

The 'Sixth Form Focus' is a termly newsletter that is produced and written by and for Sixth Form Students. It has been a longstanding tradition that I would like to reinstate! It's a great way for you to share your views and get the chance to have your written work published, no matter what you are interested in. Students have previously written articles on everything from politics to film reviews to skin care recommendations.

## **Advanced Science Club - Mr Collins**

The intention of the Advanced Science Club is to give students the opportunity to research and discuss recent developments within the world of science. Students will be provided with a chromebook and invited to independently research current events within science. For example in today's news is the return to Earth of a probe which has sampled rock from an orbiting asteroid, this is the first time this has been achieved and scientists believe these rock samples may hold important information on the birth of our solar system and even the beginnings of life on our planet.

Students will be encouraged to share and discuss the results of their research.

## **TED Talks Club - Ms Carley**

TED Talks showcase the ideas and arguments of some of the worlds leading thinkers and doers on topics ranging from science and technology to the arts and social issues. In this club we will watch and discuss a selected TED talk each week. Suggestions of TED talk videos and topics will be welcome. At the end of each term any interested students in the club will have the opportunity to give a 3 - 5 minute TED talk of their own.

## **Fantasy Football Club - Mr Reynolds**

Have you ever played fantasy football? Do you want to start? Do you want to understand how to be successful at a game that can even make watching Burnley v Crystal Palace exciting? Then Fantasy football club is the one for you.

Make no mistake it will not (just) be a fortnightly conversation about football. You will gain a better understanding of investment, statistical analysis and strategic planning. You will also be expected to do research and extra reading. Club members will present to a supportively critical audience regularly too.

Do you want to be stronger, fitter and healthier? Then **Gym, Resistance Training and Fitness Club** is for you! The club will teach you about the following to support you in reaching your strength/fitness goals:

## **Resistance training and gym**

The science behind muscle hypertrophy.

Workout plans for resistance training of all muscle groups.

The correct technique and form for resistance training exercises to maximise muscle growth and avoid injury.

Nutrition and meal plans for a balanced diet that facilitates muscle hypertrophy.

Resistance training at home: resistance bands

## **Fitness**

How to gradually build up your fitness and stamina.

How to create your own HIIT workout.

How to plan cycling/running routes using a range of apps.

How to prepare for a long distance cycle (e.g. a charity event such as the London to Brighton cycle).

How to set up a charity fundraiser for a long-distance cycling/running charity event.

## **Games Club-Ms Vaghela**

Playing board games enhances creativity and self-confidence. It is a great way to stimulate the brain and improve the following cognitive skills; decision making, higher level strategic thinking, and problem solving. In this club you will partake in speed chess, cards, scrabble, backgammon or checkers. Could you be our term champion? Whether you love board games or think you hate them, this club could be for you! Come along and give it a go!

## **STEM Club - Mrs Poddar**

Are you interested in the newest developments in technology? Do you want to know how AI and Machine Learning works? Develop problem solving skills and be prepared for the future. Meet inspiring professionals who will talk to you about future careers and much more.

## **UKMT Maths Club - Ms Najjar**

Promoting a love of problem solving

The Senior Mathematical Challenge is a 90-minute, multiple-choice Challenge.

It encourages mathematical reasoning, precision of thought, and fluency in using basic mathematical techniques to solve interesting problems.

The problems on the Senior Mathematical Challenge are designed to make students think. Most are accessible, yet still challenge those with more experience.

A great thing to put on your personal statement if you are considering a maths or science related subject at university.

# Ideas

- Duke of Edinburgh (which stage)
- Music/Dance grades
- Formal sports clubs (not just playing football in the park)
- Your work experience placement (what did you do?)
- Essay competitions
- Brilliant Club
- EPQ - include your title
- In-person lectures
- University taster days (open days do not count)
- Sutton Trust
- K+
- Winning awards in school for subjects or the Headteachers award